

# Hygiene Kit

Hygiene kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Hygiene kits are also used as learning tools in personal hygiene, literacy, nutrition, and cooking classes.

**Hygiene Kit Value:** \$12 per kit

## Assembly & Shipping Instructions

### Hygiene Kit Materials

- **1 hand towel**
  - 15 x 25 inches to 17 x 27 inches
  - Kitchen, cleaning, and microfiber towels not acceptable
- **1 washcloth**
- **1 comb**
  - Comb needs to be sturdy and longer than 6 inches long
  - No pocket combs or picks please
  - Rattail combs and combs without handles are acceptable with a minimum of 6 inches of teeth
- **1 metal nail file or nail clippers**
  - No emery boards, please
- **1 bath-size soap**
  - 3 oz. and larger sizes only
  - No Ivory or Jergens soap due to moisture content
  - Do not remove from original packaging
- **1 toothbrush**
  - Adult size only
  - Do not remove from original packaging
- **6 adhesive bandages**
  - ¾ inch to 1 inch-size
  - Common household Band-Aids
- **1 plastic bag**
  - One-gallon size sealable bag only
- **\$1.00 to purchase toothpaste**